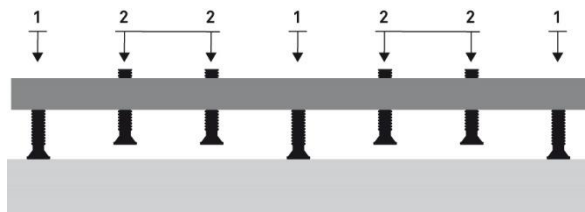
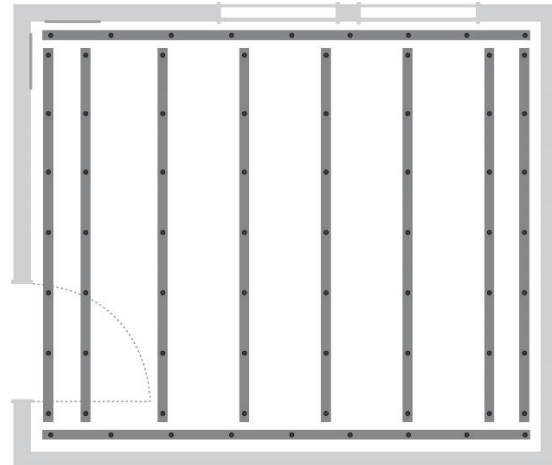


ASSEMBLY CHECKLIST

1. SET UP EXAMPLE

Ensure clean surface.
 Use a trestle or equivalent.
 Mount SubFloor screws in the joists.
 Minimum 34 mm of the screw must be
 screwed into the wooden joist.
 Clip Screw Feet onto screws.
 Saw off protruding parts of the screw.



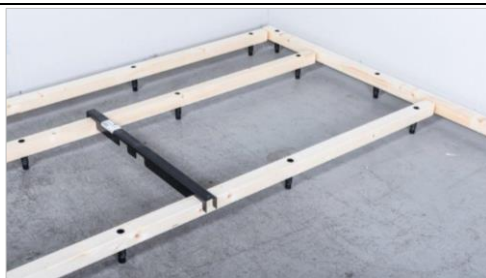
2. SCREW ORDER

First, fasten end screws and the centre screw, adjust the height to the correct level. Screw down and secure the remaining screws.

Only one nail each foot. Opposite sides of the joist.

3. WALL DISTANCE

Start mounting frame joists along walls, 20-60 mm from the wall.



4. USING JOIST HOLDER

Install double frame joists (c/c 300) by walls where furnishings such as bookshelves etc. can be expected.

Then c/c 600/400/300 mm the rest, as in picture 1.

5. JOIST SPACING

All joist ends are installed with a clearance of 5-20 mm.

Max overhangs from joist end to first/last holes must not exceed 100 mm.



6. Apply insulation and installations. Then place the chipboard on top and screw to the joists.

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Extra Information

EXTRA HOLE ASSEMBLY

Max overhangs from joist end to first/last holes must not exceed 100 mm.



Use 22 mm wooden drill bit and drill a new hole.



When the joist is assembled, screw a new screw into the unthreaded hole.



Slowly screw in this screw.



Attach to the substrate using the appropriate method.

HIGH JOIST SUPPORT

1. 2 screws per joist.
2. Screws and foot go flush with the wall without attaching.
3. On plasterboard walls, install support screws where the plasterboard is secured to the wall joist.

INTERNAL WALLS

1. Joists go directly under the lightweight internal walls.
2. For furniture walls have joist spacing at 300 mm.
3. For doorways have joist directly under with normal wall distance (20-60 mm) joist spacing around room.

1	Clean the surface
2	Screw the screws into the joist by hand first, exactly vertical. * (Just a little so it is easier for a drill. Also if tight due to the wood drying can use silicon spray.)
3	Screw the screws into the joists about 2-3 cm from final height, closer = better. Middle screws shorter than the end screws.
4	Flip Joists, clip acoustic feet on.
5	Place joist frame, around the walls, 20 – 60 cm from the outside walls.
6	300 c/c double frame from wall with no window. If 4 walls only need 2 walls.
7	Attach Ends using gun through the screw foot. Only one nail each foot. Opposite sides of the joist.
8	Get the end screws to the correct height.
9	Screw the Middle screws to the correct height.
10	Nail alternate sides of every foot. 1 nail each foot.
11	Apply insulation and installations. Then place the chipboard on top.

To watch a video or look at a detailed step by step guide go to:

<https://www.flslimited.com/subfloor/subfloor-technical/>

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